

# Nutrition Facts

Serving Size 1 oz. (28g) (1/4 Cup)

Servings Per Container About 7

## Amount Per Serving

**Calories** 90      Calories from Fat 60

**% Daily Value\***

**Total Fat** 7g      **11%**

Saturated Fat 5g      **25%**

*Trans Fat* 0g

**Cholesterol** 20mg      **7%**

**Sodium** 170mg      **7%**

**Total Carbohydrate** 1g      **0%**

Dietary Fiber 0g      **0%**

Sugars 0g

**Protein** 6g      **12%**

Vitamin A 4%      •      Vitamin C 0%

Calcium 15%      •      Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet.