

Nutrition Facts

Serving Size 2 cooked oz (56g)

Servings About 4

Amount Per Serving

Calories 130 Calories from Fat 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 45mg **15%**

Sodium 790mg **33%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 10g

Vitamin A 25% • Vitamin C 2%

Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.