

Nutrition Facts

About 7 servings per container

Serving size 1oz. (28g / 1/4 cup)

Amount per serving

Calories

90

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 200mg **9%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g

Vitamin D 0mcg **0%**

Calcium 170mg **15%**

Iron 0mg **0%**

Potassium 20mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.